

WM Pack



 **Akuna**[®]
Live an active life!



AkuCleanse

Aku-Cleanse supports the body's cleansing process, protects the liver and has strong antioxidant properties that help protect it from the cumulative damage of environmental toxins and oxidative stress.

What is Aku-Cleanse?

- Effective combination of Milk thistle extract, Beetroot red extract, Parsley leaf extract, Dandelion root extract and Burdock extract.
- Contains 750 mg Milk thistle (*Silybum marianum*) per 15 ml dose and the benefits of active ingredient and powerful antioxidant Silymarin.
- Traditionally used in Herbal Medicine as a liver protectant, to help support liver function and to help relieve digestive disturbances/dyspepsia.
- It is recommended to be used for a minimum of 3 weeks to see beneficial effects.
- Intended for the maintenance of good health.
- Cholesterol and trans-fat free.
- High quality, self-care product.
- Kosher approved.
- Recommended use for adults is 1/2 fl. oz. (15 mL) daily.



Why Aku-Cleanse?

“Our livers are our body's caretakers, removing all the bad stuff our bodies consume. After decades of filtering out toxins, the body's filtration system needs its own cleanse. Aku-Cleanse uses traditional herbs for promoting liver health, including milk thistle which has been making livers happy for over 2,000 years. All Akuna products are registered with Health Canada, so you always know exactly what you're buying. So what are you waiting for, be nice to your liver, so your liver can be nice to you! “

Dr. K. Forst, M.D.

Member of Akuna Scientific Advisory Board

Aku-WM

Aku-WM assists in weight management and may be beneficial to any weight loss or weight maintenance regimen when used in conjunction with a lifestyle consisting of healthy eating and physical activity. It is also a source of powerful antioxidants for the maintenance of good health.

What is Aku-WM?

- Effective combination of Green tea extract, Garcinia cambogia fruit rind and Raspberry fruit extract.
- Contains 340 mg of Green tea extract (Camellia sinensis) per 15 ml dose and the benefits of active antioxidant ingredients: green tea catechins (GTC).
- Intended to be used with a program of reduced intake of dietary calories and increased physical activity (if possible) to help in weight management.
- Provides antioxidants for the maintenance of good health.
- Cholesterol and trans-fat free.
- High quality, self-care product.
- Kosher approved.
- Recommended use for adults is 1/2 fl. oz. (15 mL) daily with food.



Why Aku-WM?

“Green tea extract has been shown to induce thermogenesis, stimulate fat oxidation, and boost the body’s metabolic rate without increasing the heart rate. This means that it is an effective tool in regulating body weight and may be beneficial to any weight loss or weight maintenance regimen. Aku-WM is Akuna’s premium weight management supplement that delivers green tea leaf extract in liquid form so that it is quickly and easily absorbed.”

M. Kazmirsky, EUR ING, C. Chem.
Head of Akuna’s R & D Department

Aku-WM Pack: Realistic weight loss for real people!

Boost your weight loss with the Aku-Cleanse liquid – traditionally used in Herbal Medicine as a liver protectant, to help support liver function and to help relieve digestive disturbances/dyspepsia.

Then fast track your weight loss with the Aku-WM Green Tea liquid- provides antioxidants for the maintenance of good health. To be used with a program of reduced intake of dietary calories and increased physical activity (if possible) to help in weight management.



90-Day Program to a Healthier You



1st Month:

Take 15 ml (1 tbsp) of AkuCleanse in the morning daily until bottle is done



2nd Month:

Take 15 ml (1 tbsp) of AkuCleanse in the morning daily until bottle is done

Take 15 ml (1 tbsp) of Aku-WM after breakfast daily until bottle is done



3rd Month:

Take 15 ml (1 tbsp) of Aku-WM after breakfast daily until bottle is done



Remember daily:

- Reduce your overall caloric intake
- Include lots of vegetables and fruits in your diet
- Green shakes and juice make for excellent healthy snacks
- Drink plenty of water!



Inspired by nature ...